

L'OBJECTIF DE LA SEMAINE

Empty box for weekly objective.

On se couche tôt ?



Semaine

DU ..... AU .....

(cette semaine sera merveilleuse. c'est promis)

BILAN DE LA SEMAINE

Empty box for weekly balance.

YOUPI, C'EST LUNDI !

Monday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

MARDI

Tuesday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

MERCREDI

Wednesday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

JEUDI

Thursday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

VENDREDI

Friday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

SAMEDI

Saturday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

DIMANCHE

Sunday activity grid with categories: Matin, Midi, Diner, Petit plus, Sport.

IDEES DE RECETTES (MIAM)

Recipe ideas section with 'Miam !' text.

LA PETITE LISTE

- Numbered list from 1 to 20 for notes.

L'OBJECTIF DE LA SEMAINE

Empty box for weekly objective.

On se couche tôt ?



DU ..... AU .....

(cette semaine sera merveilleuse. c'est promis)

BILAN DE LA SEMAINE

Empty box for weekly balance.

YOUPI. C'EST LUNDI !

Monday grid with rows for Matin, Midi, Diner, and Notes.

MARDI

Tuesday grid with rows for Matin, Midi, Diner, and Notes.

MERCREDI

Wednesday grid with rows for Matin, Midi, Diner, and Notes.

JEUDI

Thursday grid with rows for Matin, Midi, Diner, and Notes.

VENDREDI

Friday grid with rows for Matin, Midi, Diner, and Notes.

SAMEDI

Saturday grid with rows for Matin, Midi, Diner, and Notes.

DIMANCHE

Sunday grid with rows for Matin, Midi, Diner, and Notes.

IDEES DE RECETTES

Recipe ideas section with the handwritten word 'Miam !' at the bottom.

LA PETITE LISTE

- Numbered list from 1 to 20 with dotted lines for notes.

L'OBJECTIF DE LA SEMAINE

Empty box for weekly objective.

On se couche tôt ?



DU ..... AU .....

(cette semaine sera merveilleuse. c'est promis)

BILAN DE LA SEMAINE

Empty box for weekly balance.

YOUPI, C'EST LUNDI !

Monday grid with categories: Matinée, Après-midi, Soirée, Notes.

MARDI

Tuesday grid with categories: Matinée, Après-midi, Soirée, Notes.

MERCREDI

Wednesday grid with categories: Matinée, Après-midi, Soirée, Notes.

JEUDI

Thursday grid with categories: Matinée, Après-midi, Soirée, Notes.

VENDREDI

Friday grid with categories: Matinée, Après-midi, Soirée, Notes.

SAMEDI

Saturday grid with categories: Matinée, Après-midi, Soirée, Notes.

DIMANCHE

Sunday grid with categories: Matinée, Après-midi, Soirée, Notes.

LES BELLES CHOSES

Et... non !

LA PETITE LISTE

- Numbered list from 1 to 20 with dotted lines for notes.